



COMMUNITY RESOURCES

Nelson County, Lovington, Amherst, and Roseland Areas

REGION TEN COMMUNITY SERVICES BOARD

Services: Offers many options for individuals struggling with mental health issues, substance use or mental disabilities. Most insurance accepted as well as self-pay on a sliding fee.

Phone: 540-967-2880; 434-972-1800 [24-hour hotline]

Website: <https://regionten.org/locations/louisa-counseling-center/>

Address: 101 Ashley Street, Louisa, VA 23093

Hours: Mon–Fri 9:00 a.m. – 5:00 p.m.

211 VIRGINIA

Services: 211 is an easy to remember telephone number that brings people and services together. When you contact 211, a trained professional will listen to you and suggest potential resources to meet your needs.

Dial or text: 211

Website: <https://www.211virginia.org/consite/index.php>

Hours: available 24 hours a day, 365 days a year.

988 SUICIDE AND CRISIS LIFELINE

Services: When call, text, or chat 988, they will be connected to trained counselors that are part of the existing Lifeline network. These trained counselors will listen, understand how their problems are affecting them, provide support, and connect them to resources if necessary.

Dial or Text: 988 (or call 1-800-273-8255)

Website: <https://988lifeline.org/talk-to-someone-now/>

Hours: available 24 hours a day, 365 days a year.

CRISIS TEXT LINE

Services: provides free, high-quality text-based mental health support and crisis intervention by empowering a community of trained volunteers to support people in their moments of need.

Text HOME to 741741 to connect with a volunteer Crisis Counselor

Website: <https://www.crisistextline.org/>

Hours: available 24 hours a day, 365 days a year.

NELSON COUNSELING CENTER

Services: Region Ten's Nelson Counseling Center provides a variety of services to individuals of all ages who have mental health, substance use, or developmental disability concerns

Call (434)-263-4889

Website: <https://regionten.org/locations/nelson-counseling-center/>

Address: 71 Tanbark Plaza, Lovington, VA 22949

Email nelson.intake@regionten.org



COMMUNITY RESOURCES

Nelson County, Lovington, Amherst, and Roseland Areas

BLUE RIDGE MEDICAL CENTER

Services: Offers behavioral health services and other health services with reduced fees available for eligible limited-income patients

Call (434)-263-4000

Website: <https://www.brmedical.org/new-patients/>

Address:

- 4038 Thomas Nelson Highway, Arrington, Virginia 22922
- 210 South Main Street, Amherst, VA 24521

Hours:

- Arrington Location: M, W, Th, F 8 AM - 5 PM T 9 AM - 5 PM
- Amherst Location: M, Wed, Th, 8 AM - 5 PM Tues 9 AM - 5 PM

HABITAT FOR HUMANITY AMHERST

Services: Helps to provide housing for families with inadequate present living conditions who are unable to obtain a conventional mortgage

Call 434-946-9596

Website: <https://amhersthabitat.org/qualifications/>

Address: P.O. Box 1397, 130 Ambriar Court, Amherst, VA 24521

Hours: Th and F 10 AM -4 PM

Email amherstcountyhabitat@gmail.com

NELSON COUNTY VIRGINIA COMMUNITY DEVELOPMENT FOUNDATION

Services: Provides housing services through many programs that address the needs of different people in need

Call 434-263-8074

Website: <https://www.nelsoncounty-va.gov/community/community-development-foundation>

Address: P.O. Box 57, 8445 Thomas Nelson Highway, Lovington, VA 22949

Email contact@nccdf.org

RUTLEDGE HILLS APARTMENTS

Services: Housing rented to individuals or families earning at or below 50% of the area median income

Call 434-946-7758

Website: <https://www.communityhousingpartners.org/properties/rutledge-hills-apartments/>

Address: 122 Dulwich Drive, Amherst, VA 24521

Email rutledge@chpc2.org or RentAHomes@chpc2.org with completed applications

COMMUNITY HOUSING PARTNERS

Services: Deliver asset management, realty and homeownership, and comprehensive resident services to low-income individuals

Call 540-382-1935

Website: <https://www.communityhousingpartners.org/properties/rutledge-hills-apartments/>

Address: 448 Depot Street NE Christiansburg, VA 24073

Hours: M - F 9 AM - 5PM